XM communication provides the type of entertainment I enjoy. The current AM & FM has gone to Spanish, and other languages, plus the stations that are left play a level of garbage that I can no longer stomach. If you are truly serious about turning off stations, start with the local stations in Houston. They play so much sex stuff in the mornings on the way to work and also to many commercials and not enough traffic info. I have sat in traffic for hours before the stations mentioned there was a problem. If you live in any area in any part of this country and try to get music, information, or weather, THEN YOU KNOW GOOD AND WELL WHAT IAM SAYING IS TRUE. Just try XM and you will throw rocks at AM&FM.